

Digital Mental Health and AI in Campus Wellness Programs

Chapter	Title	Page No.
1	Epidemiology of Student Mental Health Disorders in Higher Education: Identifying the Need for Digital Interventions and AI-Based Solutions	14
2	The Architecture of Digital Mental Health Systems: Frameworks, Infrastructure, and Policy Support in Academic Institutions	46
3	Artificial Intelligence in Psychological Screening and Diagnostics: A Literature-Based Framework for Campus Application	75
4	Deep Learning Approaches for Real-Time Stress, Depression, and Anxiety Detection in Student Populations Using Multimodal Data	108
5	Natural Language Processing (NLP) for Emotional State Prediction: Analyzing Student Essays, Messages, and Discussion Boards	138
6	Sensor Fusion Techniques Using AI for Enhanced Physiological Monitoring in Cardiac Pacemaker Implants	168
7	Designing Emotion-Aware AI Chatbots for 24x7 Student Support: Architecture, Language Models, and Personalization Techniques	200
8	Smartphone-Based Passive Sensing Systems for Mental Health Tracking: Fusion of GPS, Typing Behavior, and App Usage Data	229
9	Wearable Sensors and AI-Based Biofeedback Mechanisms for Monitoring and Managing Psychological Stress in University Students	259
10	Facial Expression Recognition and Voice Biometrics for Stress and Anxiety Estimation in Real-Time Digital Counseling Platforms	290
11	Developing Campus Mental Health Dashboards: Integrating AI Analytics for Wellness Monitoring, Alerts, and Faculty Collaboration	320

12	AI-Powered Recommendation Engines for Personalized Coping Strategies, Therapeutic Content, and Academic Accommodations	349
13	Cross-Platform Integration of Student Health Data Across Learning Management Systems, Fitness Apps, and Counseling Portals	381
14	Embedding Gamified Mental Health Assessments into Online Courses and Campus Activities for Engagement and Behavioral Change	411
15	Predictive Analytics for Dropout Risk and Mental Fatigue Using Integrated Academic and Psychological Data Models	445
16	Scalability and Localization of AI Mental Health Tools for Diverse Socioeconomic and Linguistic Student Populations	476